

Rick's #79

Hérons

Low tide

Water running

Back

From the shore

Wading birds

Stalking chest deep

Step — freeze — step

Neck forward bending

Stalking waiting for prey

Step hesitate step

Wind ripple water

Streak of silver water

Calm tiny ripple

near the shore

Hérons stalking

Step pause step pause

Collected Words

He gave so much he gave himself away

— KATE WOLF, THE HEART